# **Kildare Town Tidy Towns Presents**

## **Interactive Nature Based Workshops**

### What do you need to do?

Just follow Kildare Town Tidy Towns on facebook and we will let you know where you can collect your own pack!

#### What's next?

Each month we will bring you a new creative project <u>and</u> supply you with the materials you need to get started. We will then give you a link to our online video demonstration so you can be creative in your own home.

## A little extra

Some projects will require you to get outside and do a bit of your own foraging and we will be there every step of the way to help you on your rediscovery of nature.

Here is a small description of what we have coming up...

#### December

# **Christmas Creative Workshops**

Using natural materials design and create your own Christmas Logs and Wreaths

## January

## **Plant A Native Tree**

Add biodiversity to your garden and help with carbon sequestering!! Hawthorn, Blackthorn, Hazel, Oak, Birch and Rowan

#### Garden Bird Survey - from Birdwatch Ireland

Receive a seed pack and a bird identification pack and be included in this national survey.

#### **February**

## Make your own St. Brigid's Crosses

Connect with your ancient heritage and learn two types of St.Brigid's Crosses the Trinity and Square

## March

## 2 x Foraging Workshops

Explore your surrounding nature and learn the ancient skill of foraging

### **Birch Sap Collection**

Learn how to sustainably tap your local birch tree for a nutritional dense spring tonic

## Wild Garlic Pesto

Learn to identify wild garlic (a powerful anti-viral) and make your own pesto in the woods.











